## Mind Springs: update on services



By Erin Crooks | Posted: Thu 10:59 PM, Sep 12, 2019 | Updated: Fri 9:19 AM, Sep 13, 2019

GRAND JUNCTION, Colo. (KKCO/KJCT News)-- Mind Springs wants to update their visitors on the services available in the area.

Mind Springs wants people to know that they are still open.

"Mind Springs has changed what was a walk-in crisis center to an urgent care type model for individuals that need help. That is offered Monday through Friday 8 am to 6 pm," says Executive VP at Mind Springs, Michelle Hoy.

This comes after the state changed contractors for crisis services.

Mind Springs had been operating the crisis center in Grand Junction, until Rocky Mountain Health took over the contract for crisis services statewide

Rocky Mountain Health made the decision to relocate the walk-in crisis center from Grand Junction to Montrose.

All other services through Mind Springs Health are open and available to people in Mesa County.

"There's really very little change. There's a lot of services around outpatient. West Springs hospital is open and has beds for folks who are in a psychiatric emergency. And the state hotline is the resource that is available to anyone who lives in the state," says Hoy.

Mind Springs says the crisis hotline will dispatch someone, if needed, to assist those in need.

If you live on the Western Slope and need help with mental health issues or addiction, call 1-844-493-8255 or text the word 'TALK' to 38255.

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